

ZSE-ZLC					ZSE-ZOA		
Destination	Route segment		Handoff		Destination	Route segment	Handoff
KMSO	MLP.MSO MQG.MSO		N/A		KRNO	BAARB	AOB 300
	PUW.MSO COE.MSO		N/A		Filed E of J189		AOB 330
KGPI	MLP.FCA COE.FCA		AOB 17K		South ops	RNAV pref	
KBKE	IMB.BKE PDT.BKE		AOB 12K		SFO	MBLEC.BDEGA	RBG/RBL PYE.GOLDN
	ALW.BKE MQG.BKE				SFO prop		ENI.PYE
KSLC	BOI.BYI				OAK	SPAMY.WINSR	RBG/RBL.REBAS.OAK
	BOI.BYI BEARR4				SJC	CHIBLI.BRIXX	RBG.RBL GOLDN
ZLC-KSEA					SJC prop	ENI.PYE	
KSEA	MLP.GLASR				SJC	LLC CHIBLI MDOWS	FMG or ILA
	PDT.CHINS (from KSLC)				SMF	LKV.TUDOR	LKV.TUDOR
KGEG	MLP.HILIE		AOB FL280		RNO	HARTT.HARTT	J5.FMG/J92.FMG
KPDX	HHOOD				North ops		
ZSE-ZVR		Route	Cross	Alt	SFO	MBELC.STLER	RBG/RBL STINS
CYVR	Dep area	26 L/R			ZOA-ZSE		
	W KBLI	TOU.CASDY or	EMLOX	AOB FL220	SEA	BTG.LMT.HAWKZ	RBG/OED/BTG.OLM
		HQM.SHARK	URMIX	12/250 jets 10K props	SEA	LKV/BTG/LMT	FMG/LMT/BTG.OLM
		8 L/R	FOCHE	15K		KREIG.HAWKZ	
		TOU.FOUCHE or	VIGNA	17K	PDX	MACHU.TIMBR5	RBG/OED.OCITY
		WAPTO.RAGIT	RAGIT	15K	PDX	PORTL.TIMBR5	LMT.OCITY
		General	island/YY	8K	ZSE-ZAN	Altitudes FL320-380	
			IMPOR	4K	KSEA/PANC	BANGR ARRIE	
		8 L/R			KSEA/PAJN	BANGR PANGL	
	E KBLI	METOW.GRIZZ	EGRET	12/250 jets 10K props	KSEA/PAFA	BNGR ARRIE YJQ	
		26 L/R			KPDX/PAFA	BTG then as above	
		PAE.GRIZZ			KPDX/PANC	TOU PRYCE BKA	
		General			KPDX/PAJN	BTG PANGL KEVNA	
		PAE.PAE	EGRET	12/250 jets 10K props	ZAN-ZSE	Altitudes FL330-390	
ZVR-ZSE					PANC/KSEA	NOEND NOEND	
				South	PANC/KPDX	NOEND NOEND	
	CYVR	YVJ/YVR.JAWBN	JAWBN	12/250 KSEA jets	PAFA/KSEA	RDFLG RDFLG J502	
	or W KBLI			11/250 KBLI jets	PAFA/KPDX	RDFLG RDFLG J502	
				10/250 props	PAJN/KSEA	SSR BKA DUGGS YYJ	
				North	PAJN/KPDX	SSR BKA PRYCE TOU	
				16/270 KSEA jets			
				11/250 KBLI jets			
				10/250 props			
				South			
	East of KBLI	JAKSN.GLASR	JAKSN	12/250 KSEA jets			
				11/250 KBLI jets			
				10/250 props			
				North			
				16/270 KSEA jets			
				11/250 KBFI jets			
				10/250 props			